

# VITALITY DANCE TEAM

## 2022-2023 Competition Team



### Join our Competition Dance Team!

We are building a competitive dance company designed for the serious dancers who are highly motivated in the performing arts. Competing in dance will open up so many doors for your dancer and teach them skills they need for success in their lives even outside of dance. It teaches them accountability, time management, work ethic, perseverance, self-discipline, creativity, attention to detail, passion and so much more. Those selected for company will possess the following:

- Must be self-motivated and demonstrate a positive attitude in class
- Must have solid technical and performance skills
- Strong desire to grow and develop as a dancer
- Show respect and support for the studio, teachers and fellow dancers
- Must have a supportive family base that shows respect for the teachers and students at all times

Looking to join our team? Email [nicole@thevitalityplace.net](mailto:nicole@thevitalityplace.net) to enroll for our Summer Intensive this August. This is a 3 day program packed with dance classes that will be mandatory for all Vitality Dance Team members for the upcoming competition season. We will use this intensive as a way to place our dancers into their competition dances for the new season including group dances, solos, duos and trios.

Competition dancers ages 6-12 will be required to take ballet, technique, jazz and lyrical throughout the season. Competition dancers ages 13-18 will be required to take ballet, technique, jazz, contemporary and stretch & tone throughout the season.

Joining the competition team will give your dancers more performance experiences throughout the season!



### Mandatory Summer Intensive

Dancers looking to join our competition team must participate in our Summer Dance Intensive.

Price per dancer ages 6-12 is \$75  
Price per dancer ages 13-18 is \$100

Dates: August 1st, 2nd & 3rd  
Time: Dancers ages 6-12 will attend 4-7pm everyday  
Dancers ages 13-18 will attend 4-8pm

Attire: Black leotard & tights with corresponding dance shoes for class  
Hair: Must be in a bun for ballet, all other classes hair must be pulled back neat and out of the dancer's face



## **Join Our Team!**

We are looking to compete in 3 competitions this year as well as performing in our annual recital. In order to compete you must register for our competition intensive that will take place August 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>. Once enrolled you will receive the schedule of classes for those days. Ages 6-12 can expect to dance from 4-7pm each day and ages 13-18 can expect to dance from 4-8pm. This is a mandatory intensive for those looking to compete with us this year. We will be selecting dancers for specific routines based off of their ability, attitude, and work ethic. We will be creating group numbers, trios, duos and solos. The group numbers that a dancer gets chosen for will be mandatory for them to participate in. If the dancer gets selected for a duo, trio or solo the group dances comes first. Solos are a privilege and it is an honor to be selected to perform one. With that being said you must earn your solo with your attitude, work ethic and ability displayed not just at intensive but all year long. If you have had a solo in the past, you are not guaranteed a solo ever year. Solos are a very special and unique experience as well as an investment for parents so it is important that they are taken seriously and are earned.

## **Custom Team Warm-ups**

All competition members are required to purchase a team warm-up jacket and pants. Company members must have it on at all times during competitions and recital. They will be customized to include the dancer's name on them. Last year jackets were \$180. Joggers were \$36. You can expect to pay something similar although the price is subject to change based on the current market. These will be the same every year so you will not have to repurchase the warm-up for next season unless your dancer needs a new size. Because of this you may want to go a size bigger so it will last longer.

## **Required Classes**

Throughout the year, competition dancers will be required to take Ballet, Tricks, Turns and Technique, Jazz and Lyrical. Additional rehearsals will be scheduled for learning competition routines as well as practicing them.

## **Fees**

Additional fees that you will pay include a choreography fee for all competition dances, competition entry fees for each dance, for each competition (these vary based on the competition), and

costume fees (just like recital). Solo fees are the most expensive where as group fees are the least expensive.

### **How to Register**

To register for the competition intensive and join our competition team head over to our schedule, go to August 1<sup>st</sup> and enroll for the proper ages intensive online. If you have any questions, please email [nicole@thevitalityplace.net](mailto:nicole@thevitalityplace.net).