

Join us for

September 2022–June 2023

Dance Season 5

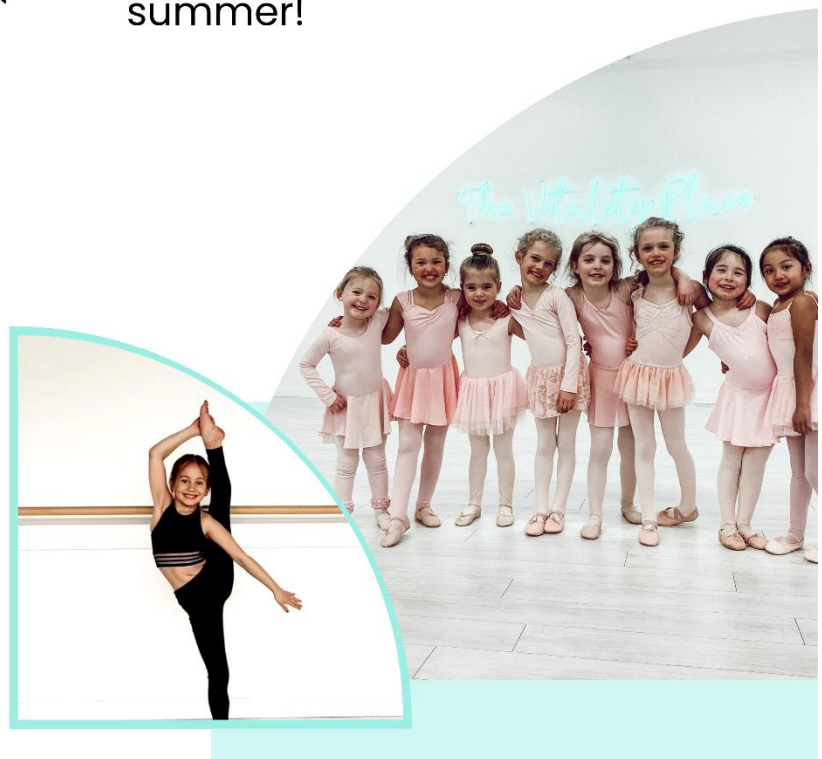


We can't wait for our 5th season of dance! We hope that you join us again for a new year of growth, development, and lots of fun! Take a look at our schedule for next season. The schedule is subject to change based on enrollment. To register for class please email nicole@thevitalityplace or attend one of our open houses at the studio this summer!

Open Houses

July 16th 9-11am

August 13th 9-11am



Ages 3-5

CLASS SCHEDULE

monday	tuesday	wednesday	thursday	friday	saturday
	<p>4-4:30pm Pre Ballet Miss Nicole</p> <p>4:30-5pm Pre Tap Miss Nicole</p>	<p>4:30-5pm Pre Cheer Miss Nicole</p> <p>5-5:30pm Baby Bop Miss Courtney</p>			<p>9-9:30am Pre Ballet Miss Nicole</p> <p>9:30-10am Pre Cheer Miss Nicole</p>



Ages 6-9

CLASS SCHEDULE

monday	tuesday	wednesday	thursday	friday	saturday
	<p>4-4:50pm Tap Miss Victoria</p> <p>5-5:50pm Ballet Miss Victoria</p> <p>6-6:50pm Lyrical Miss Nicole</p>	<p>5-5:30pm Tricks, Turns & Technique (competition team) Miss Nicole</p> <p>5:30-6:20pm Jazz Miss Courtney</p> <p>6:20-7:10pm Acro & Tumbling Miss Courtney</p>		<p>5-5:50pm Acro & Tumbling Miss Nicole</p> <p>6-6:50pm Hip Hop Miss Nicole</p>	



Ages 10-13

CLASS SCHEDULE

monday	tuesday	wednesday	thursday	friday	saturday
<p>4-4:50pm Hip Hop Miss Marissa</p> <p>5-5:50pm Lyrical Miss Nicole</p> <p>6-6:50pm Jazz Miss Marissa</p>		<p>4-4:50pm Ballet Miss Victoria</p> <p>5-5:30pm Tricks, Turns & Technique Miss Nicole</p> <p>5-5:50pm Tap Miss Victoria</p> <p>6:20-7:10pm Acro & Tumbling Miss Courtney</p>		<p>5-5:50pm Acro & Tumbling Miss Nicole</p>	



Ages 14-18

CLASS SCHEDULE

monday	tuesday	wednesday	thursday	friday	saturday
<p>4-5pm Tricks, Turns & Technique Miss Nicole</p> <p>5-6pm Contemporary Miss Marissa</p>	<p>5-6pm Jazz Miss Nicole</p> <p>6-6:50pm Ballet Miss Victoria</p>	<p>6-7pm Stretch, Tone & Flexibility Miss Victoria</p> <p>7:10-8pm Hip Hop Miss Courtney</p>	<p>5-5:50pm Acro & Tumbling Miss Nicole</p>		

