



DRESS CODE

At The Vitality Place, we believe that wearing studio dress code gives students a sense of belonging to our dance family and creates a clean and professional identity for our studio in the greater community. Our dress code also:

- Encourages discipline
- Help students resist peer pressure to buy stylish clothes for class
- Help identify non-students in the studio
- Diminish economic and social barriers between students
- Increase a sense of belonging and studio pride
- Improve attendance

Dress code items can be purchased year-round from the studio or a dancewear store.

Please ensure all parts of your child's uniform are clearly labelled - individual shoes, leotards, shirts, etc. you'll be amazed at the amount of lost property we generate!

It's important for students abide by a dress code policy for the following reasons:

- A neat and tidy appearance sets an attitude of attentiveness and respect for students, teacher, and the art of dance.
- Teachers must be able to see the dancer's body outline clearly in order to make proper corrections on posture, alignment, etc.
- Hair must be properly secured and tied up off of the face and neck for all styles of dance. Hair must be in a bun for all ballet classes.
- Jewelry must not be loose or dangling.
- Gum chewing is not allowed due to danger of choking and appearance.

Pre Ballet & Pre Tap



Attire

PINK DRESS
(PLENTY SOLD AT
STUDIO).

Hair

MUST BE IN A BUN

shoes

CAPEZIO HANAMI BALLET
SHOE STYLE 2037C IN
COLOR LIGHT PINK

CAPEZIO MARY JANE TAP
SHOE STYLE 3800C IN
CAMEL

tights

BALLET PINK
FOOTED OR
CONVERTIBLE
(SOLD IN STUDIO)



Pre Cheer & Baby Bop

Attire

ANY PLAIN BLACK OR
TEAL LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

ANY CLEAN
WHITE SNEAKERS

tights

N/A

Ballet



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT
STUDIO). BALLET SKIRTS
ARE ALSO ACCEPTABLE.

Hair

MUST BE IN A BUN

shoes

CAPEZIO HANAMI
BALLET SHOE
STYLE 2037W IN
COLOR LIGHT

tights

BALLET PINK
FOOTED OR
CONVERTIBLE
(SOLD IN STUDIO)

Contemporary Ballet



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT
STUDIO). BALLET SKIRTS
ARE ALSO ACCEPTABLE.

Hair

MUST BE IN A BUN

shoes

CAPEZIO HANAMI
BALLET SHOE
STYLE 2037W IN
COLOR LIGHT

tights

BALLET PINK
FOOTED OR
CONVERTIBLE
(SOLD IN STUDIO)

Tap



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

CAPEZIO TIC TAP
TOE TAP SHOE 443
OR CAPEZIO
CADENCE TAP
SHOE CG19 IN
COLOR CARAMEL

tights

TAN TIGHTS (SOLD
IN STUDIO)

Jazz



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

SHOES SHOULD BE
BLOCH "NEO FLEX"
SLIP-ON JAZZ SHOES IN
COLOR LEATHER TAN (
STYLE: S0495L FOR
ADULT AND S0495G
FOR YOUTH)

tights

TAN TIGHTS (SOLD
IN STUDIO)

Lyrical



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

CAPEZIO
PIROUETTE II H061
IN COLOR NUDE
OR BAREFOOT

tights

TAN STIR-UP
TIGHTS (SOLD IN
STUDIO)



Acro & Tumbling

Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

BAREFOOT

tights

N/A

Hip Hop



Attire

ANY PLAIN BLACK
LEOTARD OR DRESS
(PLENTY SOLD AT STUDIO),
OR ANY TVP SHIRT OR
CROP TOP WITH PLAIN
BLACK BOOTY SHORTS OR
LEGGINGS.

Hair

HAIR MUST BE
PULLED BACK AND
OUT OF YOUR
FACE FOR EACH
CLASS.

shoes

ANY CLEAN
WHITE SNEAKERS
THAT ARE
DIFFERENT FROM
YOUR STREET
SHOES

tights

N/A