



# DRESS CODE

At The Vitality Place, we believe that wearing studio dress code gives students a sense of belonging to our dance family and creates a clean and professional identity for our studio in the greater community. Our dress code also:

- Encourages discipline
- Help students resist peer pressure to buy stylish clothes for class
- Help identify non-students in the studio
- Diminish economic and social barriers between students
- Increase a sense of belonging and studio pride
- Improve attendance

Dress code items can be purchased year-round from the studio or a dancewear store.

Please ensure all parts of your child's uniform are clearly labelled - individual shoes, leotards, shirts, etc. you'll be amazed at the amount of lost property we generate!

It's important for students abide by a dress code policy for the following reasons:

- A neat and tidy appearance sets an attitude of attentiveness and respect for students, teacher, and the art of dance.
- Teachers must be able to see the dancer's body outline clearly in order to make proper corrections on posture, alignment, etc.
- Hair must be properly secured and tied up off of the face and neck for all styles of dance. Hair must be in a bun for all ballet classes.
- Jewelry must not be loose or dangling.
- Gum chewing is not allowed due to danger of choking and appearance.

# Pre Ballet & Pre Tap



## Attire

PINK DRESS  
(PLENTY SOLD AT  
STUDIO).

## Hair

MUST BE IN A BUN

## shoes

CAPEZIO HANAMI BALLET  
SHOE STYLE 2037C IN  
COLOR LIGHT PINK

CAPEZIO MARY JANE TAP  
SHOE STYLE 3800C IN  
CARMEL

## tights

BALLET PINK  
FOOTED OR  
CONVERTIBLE  
(SOLD IN STUDIO)



# Pre Cheer & Baby Pop

## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

ANY CLEAN WHITE SNEAKERS

## tights

OPTIONAL FOR CLASS:

REVOLUTION COLOR-FLOW STIRRUP IN WARM SAND(SOLD IN STUDIO)

# Ballet



## Attire

ANY PLAIN BLACK  
LEOTARD OR DRESS  
(PLENTY SOLD AT  
STUDIO). BALLET SKIRTS  
ARE ALSO ACCEPTABLE.

## Hair

MUST BE IN A BUN

## shoes

CAPEZIO HANAMI  
BALLET SHOE  
STYLE 2037W IN  
COLOR LIGHT  
CANVAS

## tights

REVOLUTION  
COLOR-FLOW  
CONVERTIBLE IN  
PINK (SOLD IN  
STUDIO)

# Contemporary Ballet



## Attire

ANY PLAIN BLACK  
LEOTARD OR DRESS  
(PLENTY SOLD AT  
STUDIO). BALLET SKIRTS  
ARE ALSO ACCEPTABLE.

## Hair

MUST BE IN A BUN

## shoes

CAPEZIO HANAMI  
BALLET SHOE  
STYLE 2037W IN  
COLOR LIGHT  
CANVAS

## tights

REVOLUTION  
COLOR-FLOW  
CONVERTIBLE IN  
PINK

# Tap



## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

CAPEZIO TIC TAP  
TOE TAP SHOE 443  
OR CAPEZIO  
CADENCE TAP  
SHOE CG19 IN  
COLOR CARAMEL

## tights

REVOLUTION  
COLOR-FLOW  
CONVERTIBLE IN  
WARM SAND(SOLD  
IN STUDIO)



# Jazzy

## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

SHOES SHOULD BE BLOCH "NEO FLEX" SLIP-ON JAZZ SHOES IN COLOR LEATHER TAN (STYLE: S0495L FOR ADULT AND S0495G FOR YOUTH)

## tights

REVOLUTION COLOR-FLOW CONVERTIBLE IN WARM SAND(SOLD IN STUDIO)

# Lyrical



## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

CAPEZIO  
PIROUETTE II H061  
IN COLOR NUDE  
OR BAREFOOT

## tights

REVOLUTION  
COLOR-FLOW  
STIRRUP IN WARM  
SAND(SOLD IN  
STUDIO)



# Acro & Tumbling

## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

BAREFOOT

## tights

OPTIONAL FOR CLASS:

REVOLUTION COLOR-FLOW STIRRUP IN WARM SAND(SOLD IN STUDIO)

# Hip Hop



## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

ANY CLEAN WHITE SNEAKERS THAT ARE DIFFERENT FROM YOUR STREET SHOES

## tights

OPTIONAL FOR CLASS:  
REVOLUTION COLOR-FLOW CONVERTIBLE IN WARM SAND(SOLD IN STUDIO)

# Technique & Rehearsal Block



## Attire

ANY PLAIN BLACK LEOTARD OR DRESS (PLENTY SOLD AT STUDIO), OR ANY TVP SHIRT OR CROP TOP WITH PLAIN BLACK OR TEAL BOOTY SHORTS OR LEGGINGS.

## Hair

HAIR MUST BE PULLED BACK AND OUT OF YOUR FACE FOR EACH CLASS.

## shoes

CAPEZIO  
PIROUETTE II H061  
IN COLOR NUDE  
OR BAREFOOT

## tights

REVOLUTION  
COLOR-FLOW  
STIRRUP IN WARM  
SAND(SOLD IN  
STUDIO)